

# South and East Belfast Family Connections

## Support for Parents and Families during Lockdown 3

South and East Belfast Family Connections are continuing to support parents with the ongoing challenges of Covid-19.

Our team are available to help with:

- Emotional Wellbeing, Stress and Anxiety
- Supporting Children's Education
- Routines and Boundaries
- Behaviour Management
- Practical and financial support
- Any other parenting challenges that you may be facing during the pandemic

**Get in touch to have a chat with one of our experienced team- we are here to help you get through this challenging time!**

**For referrals or further information please contact:**

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